



A guide to health, behavioral, and social services available to the community.

DISCLAIMER

"THE DISTRICT"

This guide is not a complete list of every resource in the county. If a resource is not listed, it does not mean that the resource does not exist or is not important. References herein to any specific resources does not necessarily constitute or imply its endorsement, recommendation, or favoring by Donna ISD. The material provided in this publication is presented in summary form, in general in nature and is provided for public information purposes only.

DONNA ISD	6
Mission	6
Vision	6
Number One Outcome	6
Strategic Plan Goals	6
Referral Process	7
Referral Choice Lists	7
REFERRAL CHOICE LIST	8
Behavioral/Mental Health Assistance	9
DHR Health Behavioral Hospital	9
*Palms Behavioral Health	9
Rio Grande State Center	9
South Texas Health Systems Behavioral	10
*Tropical Texas Behavioral Health	10
Child/Youth Services	12
Children's Advocacy Center of Hidalgo	12
Court Appointed Special Advocates (CASA) of Hidalgo	12
*Tropical Texas Behavioral Health	12
Counseling/Social-Emotional Assistance	14
*Buckner Children and Family Services, Inc	14
Catholic Charities of the Rio Grande Valley	14
Hope Family Health Center	15
Nuestra Clinica Del Valle	15
*Tropical Texas Behavioral Health	16
Crisis Assistance	17
*Buckner Children and Family Services, Inc	17
Children's Advocacy Center of Hidalgo	17
Family Crisis Center of the Rio Grande Valley	17
*Tropical Texas Behavioral Health	17

Women Together Foundation, Inc.	18
Crisis Helplines	19
National Runaway Safeline	19
Suicide Prevention Lifeline	19
Love is Respect	19
National Dating Abuse Hotline	19
National Domestic Violence Hotline	19
Texas Youth Hotline	19
Dental Assistance	21
Dentist Who Care	21
Nuestra Clinica Del Valle	21
Emergency Shelters	22
Bishop Enrique San Pedro Ozanam Center	22
Catholic Charities of the Rio Grande Valley	22
La Posada Providencia	22
The Salvation Army of McAllen	23
Women Together Foundation, Inc.	23
Financial Assistance	24
Catholic Charities of the Rio Grande Valley	24
Hidalgo County Health and Human Services	24
Proyecto Azteca	24
Food Assistance	25
Abundant Life Church (Harlingen)	25
Bishop Enrique San Pedro Ozanam Center	25
Catholic Charities of the Rio Grande Valley	25
Food Bank of the Rio Grande Valley	26
Loaves And Fishes Of The Rio Grande Valley	26
The Salvation Army of McAllen	26
Housing & Rent Assistance	27
Catholic Charities of the Rio Grande Valley	27

Hidalgo County Housing Authority	27
Loaves And Fishes Of The Rio Grande Valley	27
South Texas Fair Housing Project	28
United Way of South Texas Transportation Vouchers	28
Legal Assistance	29
Casa de Proyecto Libertad	29
Family Crisis Center of the Rio Grande Valley	29
South Texas Pro Bono Asylum Representation Project	29
Texas Rio Grande Legal Aid, Incorporated	29
Medical Assistance	30
El Milagro Clinic	30
Hope Family Health Center	30
Nuestra Clinica Del Valle	30
UTRGV UniMovil Clinic	31
Misc. Basic Needs Assistance	32
Weslaco Health and Human Services Office	32
Substance Use Disorder Assistance	33
Al Anon Meetings/ Alateen Meetings	33
*Behavioral Health Solutions of South Texas	33
*Mesquite Treatment Center, LLC	33
Nuestra Clinica Del Valle	34
Palmer Drug Abuse Programs (PDAP)	34
*Tropical Texas Behavioral Health	34
Transportation Assistance	36
La Fleur Transportation	36
United Way of South Texas Transportation Vouchers	36
Valley Metro	36

^{*}Indicates organizations DISD has a memorandum of understanding.

DONNA ISD

Mission

❖ The mission of Donna ISD is to provide a rigorous and supportive learning environment with meaningful and relevant learning experiences that inspire creativity, character development, and critical thinking that ensures educational excellence for all students.

Vision

♦ Donna ISD students are empowered with academic and life skills to boldly lead and achieve personal success in a global society.

Number One Outcome

❖ To graduate all students per their expected graduation date, ready for college, career, or military

Strategic Plan Goals

- Goal 1: Focus on Student Success
- ❖ Goal 2: Focus on Family and Community Engagement
- Goal 3: Focus on Operational Excellence
- ❖ Goal 4: Focus on Employees and Organizational Excellence
- Goal 5: Focus on Financial Stewardship

Resource Process

RESOURCE TYPE	ABOUT	RESOURCE PROCESS	RESOURCE PERSONNEL
Resource List	The resource list outlines community resources available to the community and organized by need. There are no formal agreements with these agencies and they are not in any specific order nor is one resource favored over another.	Donna ISD personnel ✓ Provide families referral choice list. ✓ Provide review of the organization of the list. ✓ Families will review and make their selected choice. ✓ Families will make the initial contact to inquire and coordinate the services that best meet their needs.	Any Donna ISD Personne
	The list is provided to families directly to make the best selection of service based on their needs.		

RESOURCE LIST



Behavioral/Mental Health Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
 DHR Health Behavioral Hospital → Children & Adolescents → Adults 18+ → Accepts many insurance plans → Medicaid → Medicare 	Provides an array of outpatient and inpatient mental health services for individuals who have acute psychiatric disorders (drug and alcohol addiction, depression, anxiety, borderline personality, post-traumatic stress disorder, bipolar disorder, schizophrenia, eating disorders, trauma-related mental illness).	Counseling and Psychiatric Center 2821 Michael Angelo Drive, Suite 204 Edinburg, TX 78519 (956) 362-8290 Behavioral Hospital 5510 Raphael Drive Edinburg, TX 78539 (9560 362-4357 https://www.dhrhealth.com/services/behavioral-health
*Palms Behavioral Health → Adolescents 12-17 → Adults 18+ → Accepts many insurance plans → Medicaid → Medicare	Provides inpatient mental health services for individuals who have acute behavioral and mental health problems that interfere with their daily community, school, home, personal, or another life activity, and short-term inpatient hospitalization in crisis situations (risk of suicide or self-harm).	613 Victoria Lane Harlingen TX 78550 (956) 365-2600 https://palmsbh.com
Rio Grande State Center Adults 18+	Public provider that offers outpatient medical healthcare, inpatient mental health care services, and long-term services for individuals with intellectual and developmental disabilities, including severe mental health problems.	1401 Rangerville Road Harlingent, TX 78550 (956) 364-8000 https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/rio-grande-state-center

South Texas Health Systems Behavioral Children & Adolescents Adults 18+ Accepts many insurance plans Medicaid Medicare	Provides outpatient and inpatient mental health services for individuals who have behavioral health issues and persistent mental health problems (depression, anxiety) or other emotional symptoms that impact with their ability to carry out their usual day to day activities.	2102 West Trenton Roc Edinburg, TX 78539 (956) 388-1300 https://southtexashea		l.com
*Tropical Texas Behavioral Health	Provides an array of outpatient mental health services for individuals who have severe and persistent mental health problems (depression, schizophrenia, bipolar disorders)	<u> </u>	on: Monday-Friday http://www.ttbh.org	
 → Children & Adolescents 3-17 → Adults 18+ → Accepts many insurance plans 	or any other serious emotional symptoms that interfere with their daily activities and crisis response services (risk of suicide or self-harm).	Outpatient Clinic	Weslaco, TX 2215 W. Business 83 (956) 520-8800	Edinburg, TX 1901 S. 24th Ave. (956) 289-7000
→ Medicaid→ Medicare→ Sliding Fee Scale		24-Hour Crisis Hotline	1-877-28	39-7199
		Intellectual & Developmental Disabilities	(956) 28	39-7233
		Substance Use Disorder	(956) 520-8800	(956) 289-7061
		Veterans/Peer Drop in Center	(956) 520-8860	(956) 316-3041

		COMMUNITY RESOURCE GUIDE
	Mental Health Adult Services NEW Appointment	1-800-813-1233

Child/Youth Services

ORGANIZATION NAME	ABOUT	C	ONTACT INFORMATIO	N
Children's Advocacy Center of Hidalgo Children & Adolescents	Coordinates and facilitates investigations by providing on site child forensic video recorded interviews, immediate crisis counseling, individual/family counseling, group counseling, sexual assault examinations and assistance with crime victims compensation program.	525 West Wisconsin Ro Edinburg, TX 78539 (956) 287-9754 https://cachsc.org	pad	
Court Appointed Special Advocates (CASA) of Hidalgo Children & Adolescents	Advocates for the best interest of children in state custody. Provide quality volunteer representation; seek a safe, stable and permanent home for children.	1001 South 10th Aven Edinburg, TX 78539 (956) 381-0346 http://casaofhidalgo.		
*Tropical Texas Behavioral Health • Children & Adolescents 3-17 • Adults 18+ • Accepts many insurance	Provides an array of outpatient mental health services for individuals who have mental health problems and who exhibit serious functional impairment. Services provided include crisis and intake assessment, case management, rehabilitation services, medication related services, pharmacy services and individual, family, and group counseling.	·	ion: Monday-Friday http://www.ttbh.org Weslaco, TX 2215 W. Business 83	8:00AM-5:00PM Edinburg, TX 1901 S. 24th Ave. (956) 289-7000
plans → Medicaid → Medicare → Sliding Scale		24-Hour Crisis Hotline	(956) 520-8800 1-877-28	
		Intellectual & Developmental Disabilities	(956) 28	39-7233

		COMMUNITY	RESOURCE GUIDE
	Substance Use Disorder	(956) 520-8800	(956) 289-7061
	Veterans/Peer Drop in Center	(956) 520-8860	(956) 316-3041

Counseling/Social-Emotional Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
*Buckner Children and Family Services, Inc	Provides screening/intake, crisis intervention, skill-based training (life skills and parent classes), case management services, case	3780 North Bentsen Palm Drive Mission, TX 78574 (956) 668-0145
 → Children & Adolescents 0-17 → Adults 18+ → Families 	follow-up and outreach, short-term counseling, emergency care (youth shelter).	https://www.buckner.org
Catholic Charities of the Rio Grande Valley	CCRGV Counseling Program provides short term counseling services to individuals,	700 North Virgen De San Juan Blvd. San Juan, TX 78589 (956) 702-4088
→ Women→ Men→ Families	couples, and families in need of counseling. It also provides services to women looking for alternatives to abortion with counseling, classes and resources.	https://www.catholiccharitiesrgv.org/Home.aspx
→ Free	The Pregnancy Counseling Program benefits unborn children up to the first year of the child's life and the child's parents. Individuals or couples can receive pregnancy, childbirth, parenting classes, receive counseling and mentoring assistance with career and education decisions, and material assistance for maternity and baby clothing, food, and other baby items though our Baby Boutique.	

Hope Family Health Center → Children & Adolescents → Adults 18+ → Families → Free → Donation recommendation \$5-\$15	Hope Family Health Center is a non-profit organization that provides medical and counseling services including preventive care and education to individuals and families. Services include: primary medical care, laboratory services, integrated/team based care, mental health counseling, psychotherapy, peer support & warmline, nutritional support, & wellness classes	2332 Jordan Rd McAllen, TX 78503 (956) 994-3319 https://www.hopefamilyhealthcenter.org/		
Nuestra Clinica Del Valle → Children & Adolescents → Adults 18+	Provides primary and preventive medical and dental services, including social services (referrals and drug assistance program).	Hours of	Operation: Monday-Fric https://nuestraclinicad	
 → Families → Accepts many insurance plans 		Medical	105 South 10th Street Donna, TX 78537 (956) 464-5809	801 West 1st Street San Juan, TX 78589 (956) 787-0787
 → Medicaid → Medicare → CHIP → Sliding Fee Scale 		Dental	801 West 1st Street San Juan, TX 78589 (956) 787-0787	611 North Bryan Road Mission, TX 78571 (956) 580-3303
		Behavioral Health	2900 North Raul Longo San Juan, TX 78589 (956) 781-6077	oria Road
		Women's Health	806 West 3rd Street San Juan, TX 78589 (956) 782-2131	

*Tropical Texas Behavioral Health

- → Children & Adolescents 3-17
- → Adults 18+
- Accepts many insurance plans
- → Medicaid
- → Medicare
- → Sliding Fee Scale

Provides an array of **outpatient** mental health services for individuals who have severe and persistent mental health problems (depression, schizophrenia, bipolar disorders) or any other serious emotional symptoms that interfere with their daily activities and crisis response services (risk of suicide or self-harm).

Hours of Operation: Monday-Friday 8:00AM-5:00PM http://www.ttbh.org Weslaco, TX Edinburg, TX 2215 W. Business **Outpatient Clinic** 1901 S. 24th Ave. 83 (956) 289-7000 (956) 520-8800 24-Hour Crisis 1-877-289-7199 Hotline Intellectual & **Developmental** (956) 289-7233 **Disabilities** Substance Use (956) 520-8800 (956) 289-7061 Disorder Veterans/Peer (956) 520-8860 (956) 316-3041 **Drop in Center** Mental Health **Adult Services** 1-800-813-1233 **NEW Appointment**

Crisis Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
*Buckner Children and Family Services, Inc • Children & Adolescents 0-17 • Adults 18+ • Families	Provides screening/intake, crisis intervention, skill-based training (life skills and parent classes), case management services, case follow-up and outreach, short-term counseling, emergency care (youth shelter).	3780 North Bentsen Palm Drive Mission, TX 78574 (956) 668-0145 https://www.buckner.org
Children's Advocacy Center of Hidalgo Children & Adolescents	Coordinates and facilitates investigations by providing on site child forensic video recorded interviews, immediate crisis counseling, individual/family counseling, group counseling, sexual assault examinations and assistance with crime victims compensation program.	525 West Wisconsin Road Edinburg, TX 78539 (956) 287-9754 https://cachsc.org
Family Crisis Center of the Rio Grande Valley Women Men Families Free	Provides 24-hour crisis assistance (crisis hotline, emergency shelter for victims and their children, crisis intervention, advocacy, hospital accompaniment) and transportation to a safe place and counseling services, legal advocacy, and educational programs for schools and community/professional groups.	616 West Taylor Harlingen, Texas 78550 (956) 423-9305 24-hour Hotline 1-866-423-9304 https://www.familycrisisctr.org
*Tropical Texas Behavioral Health	Mobile Crisis Screening Unit (MCOT) provides crisis response services (risk of suicide or self-harm).	24-hour Hotline 1-877-289-7199 http://www.ttbh.org

		COMMUNITY RESOURCE GUIDE
Women Together Foundation, Inc. → Women → Families	Provides crisis hotline 24 hour 7 days for emergency services and shelter victims of family violence, and/or sexual assault, their children and other family members.	511 North Cynthia Street McAllen, TX 78501 (956) 630-4878 24-hour Hotline 1-800-580-4879 http://mujeresunidas.org
→ Free		

Crisis Helplines

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
National Runaway Safeline +> Call +> Text +> Chat	The safeline provides 24/7, free and confidential support for teens thinking of running away from home or if they are a runaway ready to go home.	1-800-786-2929 https://www.1800runaway.org
Suicide Prevention Lifeline → Call → Text → Chat	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.	1-800-273-8255 Text: 988 https://988lifeline.org
Love is Respect National Dating Abuse Hotline Call Text Chat	The hotline provides 24/7, free and confidential support for young people between ages 13 and 26 who have questions or concerns about their romantic relationships.	1-866-331-9474 Text: LOVEIS to 22522 https://www.loveisrespect.org
National Domestic Violence Hotline Call Text Chat	The hotline provides 24/7, free and confidential support to help survivors of domestic violence so they can live their lives free of abuse.	1-800-799-7233 Text: START to 88788 https://www.thehotline.org
Texas Youth Hotline → Call → Text	The hotline provides 24/7, free and confidential services for youth, their parents, and other family members of youth in crisis who need help finding a counselor, safe	1-800-989-6884 https://www.dfps.state.tx.us/youth-helpline/default.asp

		COMMUNITY RESOURCE GUIDE
↔ Chat	shelter, legal information, other local referral information, or just someone to talk to.	

Dental Assistance

ABOUT		CONTACT INFORM	ATION
Provides dental services to uninsured low-income students enrolled in the Rio Grande Valley school districts. Provides emergency dental care through "Charity Dental Voucher Program".	Weslaco, TX 7 (956) 318-3383	8597 3	
Provides primary and preventive medical and dental services, including social services (referrals and drug assistance program).	Hours of	Operation: Monday-Fric	•
	Medical	105 South 10th Street Donna, TX 78537 (956) 464-5809	801 West 1st Street San Juan, TX 78589 (956) 787-0787
	Dental	801 West 1st Street San Juan, TX 78589 (956) 787-0787	611 North Bryan Road Mission, TX 78571 (956) 580-3303
	Behavioral Health	2900 North Raul Longo San Juan, TX 78589 (956) 781-6077	oria Road
	Women's Health	806 West 3rd Street San Juan, TX 78589 (956) 782-2131	
	Provides dental services to uninsured low-income students enrolled in the Rio Grande Valley school districts. Provides emergency dental care through "Charity Dental Voucher Program". Provides primary and preventive medical and dental services, including social services	Provides dental services to uninsured low-income students enrolled in the Rio Grande Valley school districts. Provides emergency dental care through "Charity Dental Voucher Program". Provides primary and preventive medical and dental services, including social services (referrals and drug assistance program). Medical Dental Behavioral Health Women's	Provides dental services to uninsured low-income students enrolled in the Rio Grande Valley school districts. Provides emergency dental care through "Charity Dental Voucher Program". Provides primary and preventive medical and dental services, including social services (referrals and drug assistance program). Hours of Operation: Monday-Friendly https://nuestraclinicad. 105 South 10th Street Medical Donna, TX 78537 (956) 464-5809 801 West 1st Street Dental San Juan, TX 78589 (956) 787-0787 Behavioral Health 2900 North Raul Longo San Juan, TX 78589 (956) 781-6077 Women's Health 806 West 3rd Street San Juan, TX 78589

Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Bishop Enrique San Pedro Ozanam Center	Provides emergency shelter, assistance with clothing, food pantry services, and rental housing assistance for the homeless.	656 North Minnesota Avenue Brownsville, TX 78521 (956) 831-6331 http://www.ozanambrownsvillecenter.org
Catholic Charities of the Rio Grande Valley Women Men Families Free	Provides temporary emergency shelter (hotel/motel vouchers).	700 North Virgen De San Juan Blvd. San Juan, TX 78589 (956) 702-4088 https://www.catholiccharitiesrgv.org/Home.aspx
La Posada Providencia → Women → Men → Families → Free	Provides 24-hour emergency shelter for individuals who flee to the United States due to political oppression, natural disaster, and other life-threatening actions in their native countries, including case management, local transportation, assistance for travel to a resettlement location, english literacy classes, employment readiness, and life-skills education.	30094 Marydale Road San Benito, TX 78586 (956) 399-3826 https://lppshelter.org/

		COMMUNITY RESOURCE GUIDE
The Salvation Army of McAllen	Provides lunch and dinner every day and emergency shelter up to five days for persons with identification, one day for those without.	1600 North 23rd Street McAllen, TX 78501 (956) 682-1468 http://www.salvationarmytexas.org/mcallen
Women Together Foundation, Inc. → Women → Families → Free	Provides temporary emergency shelter and transitional housing for victims of domestic violence.	511 North Cynthia Street McAllen, TX 78501 (956) 630-4878 24-hour Hotline 1-800-580-4879 http://mujeresunidas.org

Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Catholic Charities of the Rio Grande Valley	Provides emergency financial assistance for rent as funding is available.	700 North Virgen De San Juan Blvd. San Juan, TX 78589 (956) 702-4088 https://www.catholiccharitiesrgv.org/Home.aspx
Hidalgo County Health and Human Services	Provides burial assistance to low income families within Hidalgo County.	1304 South 25th Avenue Edinburg, TX 78539 (956) 383-6221 https://www.hidalgocounty.us/1032/Health-and-Human-Services
Proyecto Azteca	Help to strengthen families by offering money smart courses, financial counseling, home buyer education, rebuild credit and budget counseling. They also provide financial education classes.	1601 East Business Hwy 83 San Juan, TX 78589 (956) 702-3307 https://www.facebook.com/ProyectoAzteca

Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Abundant Life Church (Harlingen)	Food pantry and assistance with food.	101 North O Street Harlingen, TX 78550 (956) 425-1696 https://www.abundantlifergv.org
Bishop Enrique San Pedro Ozanam Center	Provides emergency shelter, assistance with clothing, food pantry services, and rental housing assistance for the homeless.	656 North Minnesota Avenue Brownsville, TX 78521 (956) 831-6331 http://www.ozanambrownsvillecenter.org
Catholic Charities of the Rio Grande Valley	The Summer Food Program benefits children who otherwise would not have a healthy meal or snack during the summertime and distributes meals through sites which hold activities for children. In 2014, we served over 97,000 meals to kids in the Rio Grande Valley area. The Children and Adult Care Food Program provides children and adults with healthy snacks to improve and maintain their nutritional status while they are enrolled in a participating facility/center after school. The program focuses on providing nutritious meals and/or snacks in an organized manner for the children who attend.	700 North Virgen De San Juan Blvd. San Juan, TX 78589 (956) 702-4088 https://www.catholiccharitiesrgv.org/Home.aspx

		COMMUNITY RESOURCE GUIDE
Food Bank of the Rio Grande Valley	Provides nutritious foods at no cost to qualified participants. The food package includes: peanut butter or dried beans, cereals, cheese, pasta or rice, evaporated milk or nonfat dry milk, canned meat or egg mix, fruit juice, canned vegetables and canned fruits.	724 North Cage Blvd. 1001 Phart, TX 78577 (956) 682-8101 https://foodbankrgv.com/
Loaves And Fishes Of The Rio Grande Valley	Family Emergency Assistance program provides assistance, on a short-term basis, to families in need. The program provides assistance with rent or utilities, and food bags.	514 South E Street Harlingen, TX 78550 (956) 423-1014 https://lfrgv.org
The Salvation Army of McAllen	Provides lunch and dinner every day and emergency shelter up to five days for persons with identification, one day for those without.	1600 North 23rd Street McAllen, TX 78501 (956) 682-1468 http://www.salvationarmytexas.org/mcallen

Housing & Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Catholic Charities of the Rio Grande Valley	CCRGV Emergency Assistance Program provides short-term utility assistance, hotel/motel vouchers to assist with temporary shelter for the homeless, emergency assistance program, medical needs vouchers, medical consultation and or prescription assistance for those in need. CCRGV Disaster Relief/ Response helps people through damage recovery from a disaster via home assessment and case management. The program assists with housing services by providing materials to reconstruct damaged homes from a federally declared disaster.	700 North Virgen De San Juan Blvd. San Juan, TX 78589 (956) 702-4088 https://www.catholiccharitiesrgv.org/Home.aspx
Hidalgo County Housing Authority	Provides information about eligibility and vacancies for Section 8	1800 Texas Blvd Weslaco, TX 78596 (956) 968-8669 https://www.hidalgocha.org
Loaves And Fishes Of The Rio Grande Valley	Family Emergency Assistance program provides assistance, on a short-term basis, to families in need. The program provides	514 South E Street Harlingen, TX 78550 (956) 423-1014 https://lfrgv.org

		COMMUNITY RESOURCE GUIDE
	assistance with rent or utilities, and food bags.	
South Texas Fair Housing Projec	Provide services such as complaint investigation, advocacy, education and outreach. If you feel that you have been the victim of housing discrimination in rental housing, real estate sales, mortgage lending, or homeowner's insurance, you may file a complaint.	801 East Fern, Suite 119 McAllen, TX 78501 (956) 682-3247 http://www.myfairhousing.org
United Way of South Texas Transportation Vouchers	Provides rent and mortgage assistance.	113 West Pecan Blvd. McAllen TX, 78501 (956) 686-6331 https://unitedwayofsotx.org/our-work/financial-stability/transportation-vouchers

Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Casa de Proyecto Libertad	Provides low cost legal services, education and advocacy to immigrants.	113 North 1st Street Harlingen, TX 78550 (956) 425-9552 https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.393335-Casa De Proyecto Libertad
Family Crisis Center of the Rio Grande Valley	Provides 24-hour crisis assistance (crisis hotline, emergency shelter for victims and their children, crisis intervention, advocacy, hospital accompaniment) and transportation to a safe place and counseling services, legal advocacy, and educational programs for schools and community/professional groups.	616 West Taylor Harlingen, Texas 78550 (956) 423-9305 24-hour Hotline 1-866-423-9304 https://www.familycrisisctr.org
South Texas Pro Bono Asylum Representation Project	Provides pro bono legal services to asylum seekers detained in South Texas by the United States government.	301 East Madison Avenue Harlingen, TX 78550 (956) 425-9231 https://www.americanbar.org/groups/public_interest/immigrat_ion
Texas Rio Grande Legal Aid, Incorporated	Provides legal assistance to low-income persons in South, Central and West Texas. It provides services to farm workers and eligible nonprofit organizations throughout Texas.	300 South Texas Weslaco, TX 78596 (956) 447-4800 http://www.trla.org

Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION	
El Milagro Clinic	Designed to treat the family as a unit and provide acute, preventive and health education services with medical follow-up.	901 East Vermont Avenue McAllen, TX 78503 (956) 213-6400 http://milagroclinic.org	
Hope Family Health Center → Children & Adolescents → Adults 18+ → Families → Free → Donation recommendation \$5-\$15	Hope Family Health Center is a non-profit organization that provides medical and counseling services including preventive care and education to individuals and families. Services include: primary medical care, laboratory services, integrated/team based care, mental health counseling, psychotherapy, peer support & warmline, nutritional support, & wellness classes	2332 Jordan Rd McAllen, TX 78503 (956) 994-3319 https://www.hopefamilyhealthcenter.org/	
Nuestra Clinica Del Valle → Children & Adolescents → Adults 18+ → Families → Accepts many insurance	Provides primary and preventive medical and dental services, including social services (referrals and drug assistance program).	Hours of Operation: Monday-Friday 8:00AM-5:00PM https://nuestraclinicadelvalle.org 105 South 10th Street 801 West 1st Street Medical Donna, TX 78537 San Juan, TX 78589 (956) 464-5809 (956) 787-0787	
plans Medicaid Medicare CHIP Sliding Fee Scale		801 West 1st Street 611 North Bryan Road Dental San Juan, TX 78589 Mission, TX 78571 (956) 787-0787 (956) 580-3303	

			COMMUNITY RESOURCE GUIDE
		Behavioral Health	2900 North Raul Longoria Road San Juan, TX 78589 (956) 781-6077
		Women's Health	806 West 3rd Street San Juan, TX 78589 (956) 782-2131
UTRGV UniMovil Clinic	Mobile clinic providing family medicine and health screenings to residents of all ages.	(956) 296-1700 https://www.utrgv.edu/school-of-medicine/about/commununimovil	

Misc. Basic Needs Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Weslaco Health and Human Services Office	Supplemental Nutrition Assistance Program, known as the food stamp program, provides low income families with benefits to be used on food.	3500 East Moreland Drive Weslaco, TX 78596 (956) 969-9115 https://www.yourtexasbenefits.com/Learn/Home
	Temporary Assistance for Needy Families (TANF) provides low income families with cash assistance to help meet basic needs.	

Substance Use Disorder Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Al Anon Meetings/ Alateen Meetings Alateen - 20 and under Al Anon - 20+ Free	Local support meetings for those who have been affected by the alcohol abuse of a loved one.	Special Friends First Christian Church 1400 North 10th Street McAllen, TX 78604 (956) 975-7303 https://texas-al-anon.org
*Behavioral Health Solutions of South Texas • Adolescents 3-17 • Adults 18+ • Free	Outpatient Substance Abuse Treatment Program. Provides alcohol and drug abuse treatment and education.	5510 North Cage, Ste A Pharr, TX 78577 (956) 956-787-7111 https://www.bhsst.org
*Mesquite Treatment Center, LLC • Adolescents 3-17 • Adults 18+	Mesquite Treatment Center is an intensive residential program addressing adolescent needs with a comprehensive and individualized approach. From Intensive Outpatient and Outpatient to Residential Treatment, our customized adolescent care is built on the latest scientific research and proven techniques to increase the likelihood of successful outcomes.	referrals@mtcrgv.com 2300 W Exp 83 La Feria, TX 78559 (956) 428-2100 https://www.mtcrgv.com/services

Nuestra Clinica Del Valle → Children & Adolescents → Adults 18+	Provides primary and preventive medical and dental services, including social services (referrals and drug assistance program).	Hours of Operation: Monday-Friday 8:00AM-5:00PM https://nuestraclinicadelvalle.org		
→ Families→ Accepts many insurance plans		Medical	105 South 10th Street Donna, TX 78537 (956) 464-5809	801 West 1st Street San Juan, TX 78589 (956) 787-0787
→ Medicaid→ Medicare→ CHIP		Dental	801 West 1st Street San Juan, TX 78589 (956) 787-0787	611 North Bryan Road Mission, TX 78571 (956) 580-3303
→ Sliding Fee Scale		Behavioral Health	2900 North Raul Longo San Juan, TX 78589 (956) 781-6077	ria Road
		Women's Health	806 West 3rd Street San Juan, TX 78589 (956) 782-2131	
Palmer Drug Abuse Programs (PDAP) Adolescents 13+ Free	Offers a 12-step program for young people and their families suffering from the effects of alcohol and other substance abuse problems. The meetings follow a twelve-step program similar to that of Alcoholics Anonymous.	115 North 9th McAllen, TX 78 (956) 687-7714 http://www.p		
*Tropical Texas Behavioral Health • Children & Adolescents 3-17 • Adults 18+	Provides an array of outpatient mental health services for individuals who have severe and persistent mental health problems (depression, schizophrenia, bipolar disorders) or any other serious emotional symptoms that interfere with their daily activities and	Hours of Operation: Monday-Friday 8:00AM-5:00PM http://www.ttbh.org Outpatient Clinic Weslaco, TX Edinburg, TX		.org

 Accepts many insurance plans Medicaid 	crisis response services (risk of suicide or self-harm).		2215 W. Business 83 (956) 520-8800	1901 S. 24th Ave. (956) 289-7000
 → Medicare → Sliding Fee Scale 		24-Hour Crisis Hotline	1-877-2	89-7199
		Intellectual & Developmental Disabilities	(956) 28	39-7233
		Substance Use Disorder	(956) 520-8800	(956) 289-7061
		Veterans/Peer Drop in Center	(956) 520-8860	(956) 316-3041
		Mental Health Adult Services NEW Appointment	1-800-813-1233	

Transportation Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
La Fleur Transportation	Transportation with medicaid assistance.	1920 Industrial Drive Edinburg, TX 78542 (956) 316-0251
United Way of South Texas Transportation Vouchers	Provides transportation vouchers for individuals who have no means of transportation for job training/employment and support services. If someone is escorting the person to their appointment, the escort person does not need a voucher.	113 West Pecan Blvd. McAllen TX, 78501 (956) 686-6331 https://unitedwayofsotx.org/our-work/financial-stability/transportation-vouchers
Valley Metro	24 hours notice; call before 4 p.m. Fees: \$2.00 for Adults; \$1.00 for students adults 60+, and individuals with disabilities; Free for students with School ID	510 South Pleasantview Drive Weslaco, TX 78596 (956) 969-5761 https://www.lrgvdc.org/valleymetro.html